

Amante Bistro



Shares the Love

by Jennifer Cockrall-King

With a name like Amante Bistro – Amante is Italian for lover – the food can't be anything other than sexy at this sleek, urban bistro right on Main Street in downtown Penticton.

"People don't believe me when I tell this story of how we met," says chef Abul Adame in his cantering Latin American-inflected pronunciation, "but when I started as the chef at Il Nido in Vancouver, Rose was already working there. She told me her name was Rose Amante, and I said to her, 'You're flirting with me! I speak Spanish and I know what Amante means!'"

Photos: Shawn Talbot